



Symbiosis Institute of Business Management Hyderabad



Symbiosis International Deemed University Pune



Report On

Shakti Says

December 05, 2018

A report on the Shakti Says (Guest lecture on Lifestlye modifications and unleash the child within you) held in the year 2018.

‘Shakti says...’, the first edition of the flagship event of Women Development Cell was held on December 05, 2018. Ms. Deepika Chalasani and Ms. Tanuja Abburi from CII Indian Women Network, were the resource person for the topic "Lifestyle Modifications" and "Unleash the Child Within You".

After the felicitation, Ms. Tanuja Abburi took over and started the session on “Unleash the child within you”. She gave a task to the students by dividing them into small teams in which they had to make a collage using some given items like chart paper, sketch pens, crayons, newspapers, glue and some stickers. They were also required to give a presentation of the collage they made.

Ms. Deepika Chalasani spoke on the topic "Lifestyle Modifications". All the students enjoyed the event and tried to unleash the child within them and also learned some ways to stay fit and healthy. WDC successfully concluded the first edition of “Shakti Says” with great learning from the guests invited for the event.



Welcome speech by Dr. Ravi Kumar Jain



Felicitation of Ms. Deepika Chalasani



Felicitation of Ms. Tanuja Abburi and Ms. Prathyusha



Session by Ms. Abburi and Session by Ms. Chalasani



Students Preparing Collage



Collages prepared by students



Vote of thanks by Dr. Ridhi Rani



Team Shakti with the guests

Dr. Ridhi Rani
In-charge WDC (Shakti)
Assistant Professor

Dr. K P Venugopala Rao
Dy. Director

Dr. Ravi Kumar Jain
Director
SIBM - Hyderabad